

Go to [www.facebook.com/Waves-of-Grace-Womens-Retreat-124825387543420/?ref=hl](http://www.facebook.com/Waves-of-Grace-Womens-Retreat-124825387543420/?ref=hl)  
For more information contact Reverend Heidi Bak at 609.220.8529

Directions: Take the Atlantic City Expressway to Exit 7 South onto the Garden State Parkway South to Exit 48 (Wildwood). You will be on Route 47 South (Rio Grande Ave). Continue 2.3 miles to Ocean Ave and turn left. The Convention Center is on your right after the turn.

Now - March 15, 2018: \$40/person After 3/15: \$50/person meals & lodging are not included. Rooms may be secured by calling the Wildwood Convention Center, Boardwalk, Wildwood, NJ  
Contact Joy Nielson, 1-800-992-9732

**Registration and Hotel Information:**

Online payment can be made by going to: [hightstownmethodist.org](http://hightstownmethodist.org)  
Choose online giving

Checks can be made payable to  
**FUMCH Waves of Grace**  
Detach & Mail with payment to  
**Waves of Grace Retreat**  
52 Church Street,  
Beverly, NJ 08010

**\$40 by March 15**  
**\$50 after March 15**  
**\$55 at the door**

**2019 REGISTRATION WAVES OF GRACE  
WOMEN'S RETREAT**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_ Phone \_\_\_\_\_  
Church \_\_\_\_\_  
Amount Enclosed \_\_\_\_\_

# Waves of Grace Women's Retreat

## April 12—13, 2019

**If we listen to God's guidance we will be able to dance with Him.**

**Listen and learn the dance with your head, heart and feet,  
then join in the dance of life!**



### **G U I D A N C E**

### **God-U- N- I- Dance**

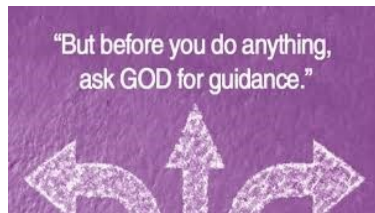
Psalm 73:23-24

*"Yet I am always with you;  
you hold me by my right hand.  
You guide me with your counsel, and  
afterward you will take me into glory."*

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**2019 WAVES OF GRACE WOMEN'S RETREAT**  
WILDWOOD, NJ,  
Friday, April 12, 7-10:30\*\*, Sat. April 13, 9 am-5pm

**G-U-I-D-A-N-C-E**  
**GOD U-N-I-DANCE**



**FRIDAY, April 12 Registration 6-7 pm**  
**Session 1 7-8:30 pm**

Worship moves us into God's presence. It is a time where God guides us as He has from the beginning of time. A time where what God says to us can change us forever. Join us in learning to listen for God's guidance through a life of worship.

**\*\*Session 1 B SQUARE DANCE 8:30 - 10:30 pm**

One of the first steps in God's guidance is to learn to listen to God calling us and guiding us. We all are called to be in communion with God. Join us as we learn to follow the calls of the square dance caller. Don't be shy!



**\*\* OPTIONAL SESSION \*\***

**Saturday, April 13, 8 am Wildwood Convention Center Pier**  
**Worship on the Beach with Communion**

In case of inclement weather, call 609/220-8529

**Saturday, April 13, 8:30 am Registration/Coffee**  
**Session II 9-10:30 am**

Romans 1:11-12 says I long to see you so that I may impart to you some spiritual gift to make you strong— that is, that you and I may be mutually encouraged by each other's faith. God frees us from our old lives and teaches us to lean on one another in God's guidance.



**Break 10:30—11:00 am**  
**Session III 11:00 am—12:30 pm**

Listening to God's call is not done on your own, help is needed even for mature Christians. There are different types of help depending on where you are on your walk with God. A Coach, a Mentor, a Counselor and a Spiritual Director all are people that can help you on your journey and give you guidance.

**Lunch 12:30 to 3 pm - Time of Restoration**



**Dancing With God**



**Session IV 3 pm—5 pm**

Now it is your turn to go out into the world and listen to God's Guidance and to share with all that you encounter allowing God to guide you as you spread the good news.



**Christian Book Swap will be held during the weekend.**

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**Visit our Facebook page—Waves-of-Grace-Womens-Retreat**